

Pamela's Patterns Design Class

Supply List – Day 1

- Pattern #104 The Perfect T-Shirt. If you have already made and fit this pattern, use your adjusted pattern. If not, follow the sizing directions and trace the pattern for your size (We'll fine tune at the class). It is very helpful to have made the pattern first, or at least to study the instruction sheet. Then you will be able to concentrate more on the design changes instead of construction and fit.
- Trace 7 fronts, 5 backs and 2 sleeves from the pattern, leaving room around the traced lines. If you have already made the shirt, the traced patterns are from your already adjusted pattern. I like to use medical table paper. Don't cut anything out, and use a pencil for the tracing.
- Pattern Paper – medical table paper is my favorite
- Pencil with eraser, scotch tape in a weighted dispenser, pins, rotary cutter and mat, paper scissors, pattern weights.
- Felt tip pens in black and red – my favorite are Flair by Paper Mate.
- Measuring Tools – quilting rulers are great. A 6" X 24" and a 3" X 18" (anything close to those are fine), tape measure. Bring any design rulers you own (French, hip or sleeve curve rulers).
- Notebook binder with page protectors to store all your new patterns and instructions
- No sewing machine is needed.

Supply List – Day 2

Day 2 will be spent sewing one of the designs from Day 1. This is the tricky part! You may not know ahead of time what design you will want to sew. Here are some guidelines:

- 2 yds of knit fabric will pretty much do most of the designs. Fabric should be prewashed, unless it is a poly/lycra ITY Knit. Some of the designs will need additional fabrics or notions. We will do our best to get everything you need, or if you are local, from your stash at home!
- Patterns from Day 1
- Sewing Machine and Serger (set for a 4-thread stitch). The serger is optional, but will enable you to do more work, more efficiently!
- Thread to match your fabric for the sewing machine, thread to blend for the serger.
- Basic sewing supplies, including a edge joining/stitching foot for the sewing machine
- Basic cutting tools – scissors, rotary cutter, weights, cutting mat (at least 30" X 36").